- DRINKS -

Hot Organic Coffee – 12oz, regular or decaf Featuring Thanksgiving Coffee Company's organic Flowerland, supporting pollinators worldwide.	\$3.50
Hot Mocha	\$4.50
Coffee, half & half, and a house made chocolate sauce	
'Cold Brew' Coffee	\$4.00
Iced Black Tea – unsweetened	\$3.50
Iced Raspberry Tea – organic, herbal	\$3.50
Hot Tea – selection of organic teas	\$3.50
Chai – organic w/milk (hot or cold)	\$5.00
Dirty Chai – w/ coffee, half & half (hot or cold)	\$6.00
Hot Chocolate – made w/ milk, served w/ whipped cream	\$4.50
Strawberry Lemonade – housemade Small 12oz	\$5.00
Large 16 oz	\$6.50
Arnold Palmer – strawberry lemonade and black tea	\$5.00
Sparkling Water- Various Flavors	\$3.50
Bottled Water	\$1.25

RHODY'S GARDEN CAFÉ at the MENDOCINO COAST BOTANICAL GARDENS

18220 N Highway 1, Fort Bragg, CA 95437 707-964-4352 x 20





We use our own organically grown vegetables (as available), and Fort Bragg Bakery organic breads. All flowers on your plate are edible! Gluten free bread +.75 ¢.

– LUNCH –

Chicken Panini

\$15.50

Roasted chicken, roasted red peppers, sauteed onions, smoked gouda cheese, Dijon mustard on a ciabatta roll

Portabella Mushroom Veggie Panini\$15.50Portabella mushrooms, roasted zucchini, balsamic onions, fresh spinach and feta

Portabella mushrooms, roasted zucchini, balsamic onions, fresh spinach and feta cheese on a ciabatta roll

Hummus Veggie Sandwich

\$14.00

\$14.00

Fresh housemade hummus, tomato, cucumbers, carrots, marinated onions, avocado, sprouts on sourdough, or multigrain Add tempeh + \$3.00

Turkey Pesto Sandwich

Roasted turkey, pesto, mayo, jack cheese, tomato, artichoke hearts, lettuce on sourdough or multigrain Add avocado + \$2.50

BLT

\$14.00

Bacon, lettuce, tomato, mayo on toasted sourdough or multigrainSubstitute tempeh +1.00Add avocado + \$2.50

Deli Sandwich

\$14.00

Ham or turkey with mayo and mustard, tomato, lettuce, choice of cheese on multigrain or sourdough Add avocado + \$2.50 - LUNCH continued -

Organic Peanut Butter & Jelly	\$7.50
Build Your Own Grilled Cheese	\$8.50
Basic with your choice of cheddar, swiss, smoked gouda or jack	

Quesadilla

\$8.50

Jack and sharp cheddar cheese with salsa, sour cream Add chicken +4.00 Add avocado +2.50

House Salad

Small \$8.00 Large \$10.00

Fresh organic green mix, sprouts, tomato, marinated red onions, carrots, beans, andcucumbers. Choice of house dressings-Vinaigrette, Ranch, or Blue CheeseAdd chicken +4.00Add avocado + \$2.50Add Feta +\$2.00

Wedge SaladSmall\$8.00Large\$10.00Organic iceberg lettuce, bacon, tomato, cucumbers, carrots, and a housemade blue
cheese dressingcheese dressing

Spinach SaladSmall\$9.00Large\$11.00Organic baby spinach, tomato, cucumbers, marinated onions, artichoke\$11.00\$11.00sprouts, fetaAdd avocado + \$2.50Add chicken +4Tempeh +4.75

Veggie PlatterSmall\$ 8.00Large\$10.00Carrots, celery, zucchini, broccoli, cucumbers, plus other seasonal vegetablesServed with your choice of blue cheese, ranch, or hummus dip (all dips housemade)

Housemade Soups

Served with bread & butter		
Soup of the day	Cup \$5.50	Bowl \$8.50
Vegan Soup of the day	Cup \$5.50	Bowl \$8.50
Clam Chowder (Served Thursdays and Fridays)	Cup \$6.50	Bowl \$10.50

Soup & Salad – Cup of veggie soup with small salad	\$13.50
Cup of Soup or Salad and Half Sandwich (choice of hummus,	turkey pesto or
deli sandwich)	\$14.00
Make it Chowder- served w/ small salad, bread, and butter	\$15.00
Bagel –assorted Fort Bragg Bakery Bagels	
Served with cream cheese or hummus	\$6.00
Add tomatoes, cucumbers, sprouts, pickled red onions	\$8.50

-DOGGIE DISH - APPROVED BY RHODY -

Sweet potatoes, chicken breast, peas and brown riceSmall 3 oz\$5.00Large 5 oz\$6.50

- SNACKS & SIDES -

Ham & Cheese Roll	\$6.50
Bagel Dog	\$5.50
Chips (assorted)	\$2.25
Assorted muffins, cookies and gluten free treats	
from Fort Bragg Bakery and GoodLife Cafe	

- ICE CREAM -

Cowlick's Local Handmade Ice Cream

Served in a cup or cake cone

Mini	\$4.00		Double mini	\$7.50
Single	\$5.00		Double single	\$8.50
Add waj	ffle cone	$+50\phi$		

Root Beer Float	\$9.00
Orange Cream Float	\$9.00

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